



SANCTUARY SCENE

A PUBLICATION OF CATSKILL ANIMAL SANCTUARY

Summer 2009

Dramatic Mountainside Rescue...
Herd of goats rescued from precarious hideout.

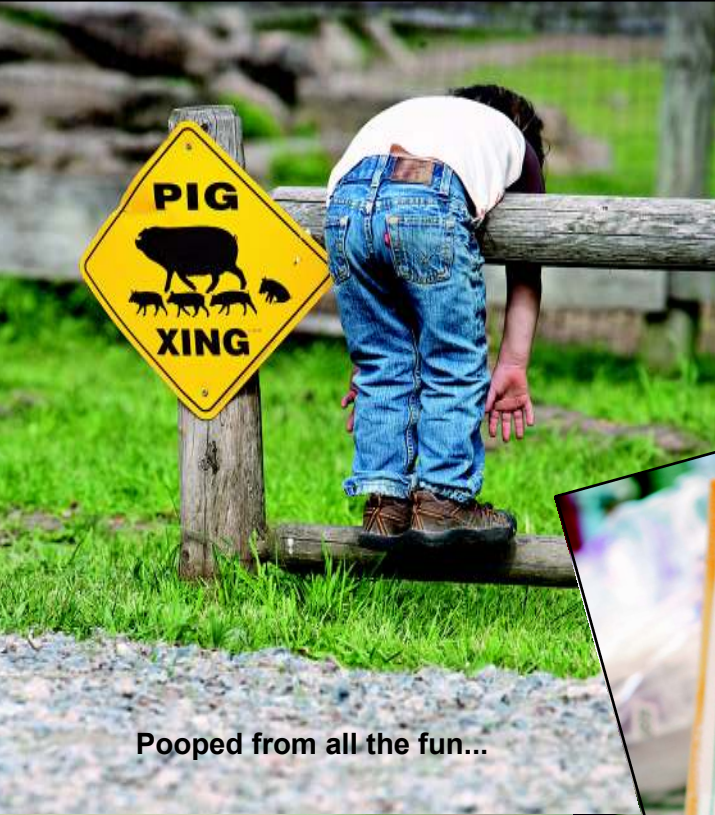
Farm Expansion Project Under Way!
Help us welcome new animals and find out how to get involved! Read more on page 8.

Get Involved!
CAS Community p. 13
Wish List p. 15
Become a Member p.16

8th Annual Sanctuary Shindig



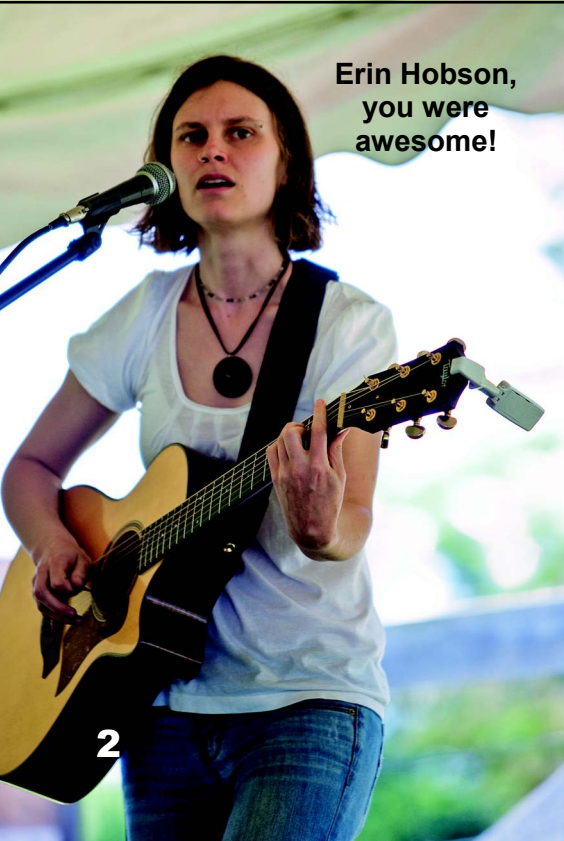
Piglet Ozzi steals a heart.



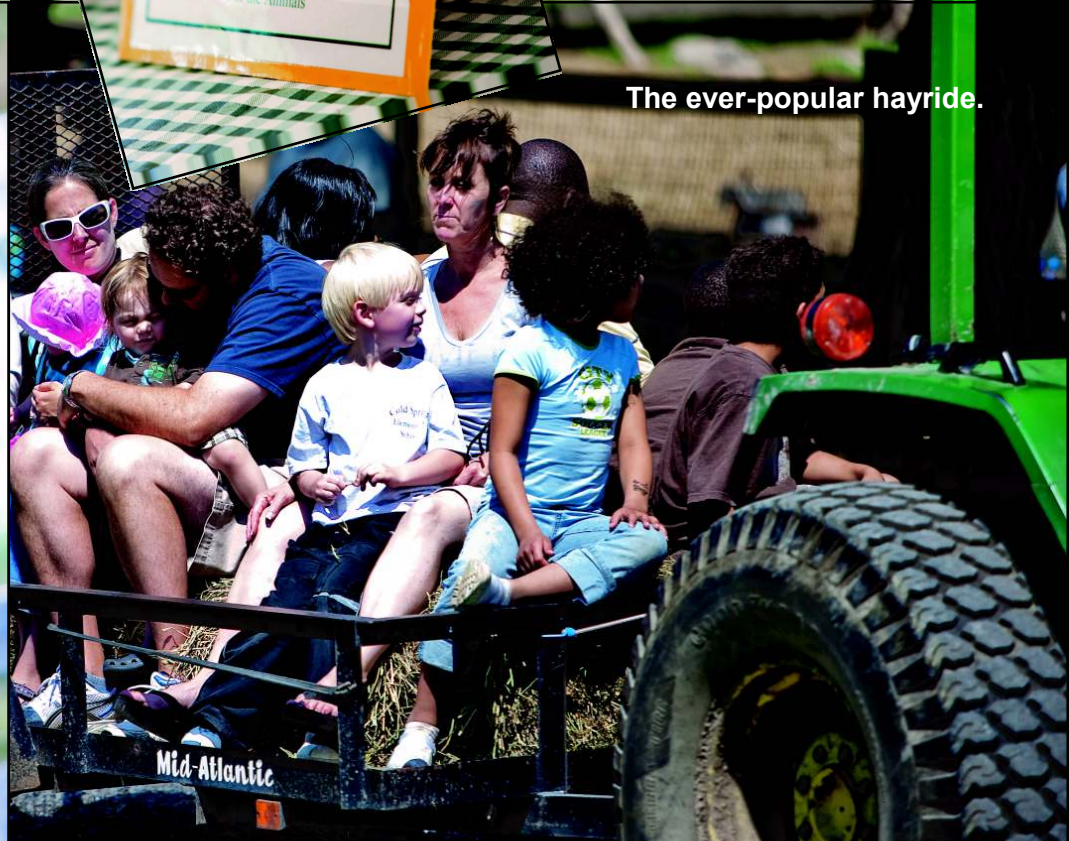
Pooped from all the fun...



Rambo and Hannah on patrol.



Erin Hobson, you were awesome!



The ever-popular hayride.

Shindig Highlights 2

A huge thanks to mega-talent David Sax (www.davidsaxphoto.com) for volunteering as our event photographer. If you missed this year's Shindig, you haven't missed all the fun -- we'll be celebrating NY Week For the Animals and World Farm Animal Day with an **Arts and Music Fest on October 10th**. Mark your calendars now and check our website for event details!

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Some animals make great progress in foster care and others are happily living with new families. Find out how you can bring home a furry or feathered friend.

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Our newly re-designed website will keep you connected with the latest news from the farm and more ways to get involved. Find us online at Facebook, Youtube, Flickr, Myspace, and Twitter.

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Animal friendly bills you should know about -- contact your representatives!

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A preview of some fun at the farm. Mark your calendars now, and check our website for more events.

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From everyday needs (like toilet paper!) to special requests (anyone have an industrial washing machine?), we have a whole list of ways you can help the animals and our bottom line.

New Staff Join CAS Crew!

We rarely have opportunities for new people to join our tiny core staff, but with our animal population growing, our team had to keep up! All of us at CAS extend a warm welcome to two wonderful humans! **Troy Gangle** is now on board as our Farm Manager, a job he shares with April Harrison. We also welcome **Abbie Rogers** as our **Animal Care Director**. Long time employee **Walt Batycki** is in transition from the barn to the newly created position of Outreach Coordinator. He'll be coordinating our education program, volunteers, and media contacts. The animals are in good hands all around!

All in a Day's Work:

Emaciated Goats Rescued From Mountaintop

In single file, nine of us are climbing a narrow path up a Pennsylvania mountainside. Granted, this is Pennsylvania...we're not talking Kilimanjaro. Still, the climb is rocky and uneven, and our hands are full—we will likely be tired before the work even begins. Troy has a large dog crate balanced on his shoulder; Walt carries backpacks filled with rope, sheets, lead rope, and a first aid kit. Volunteer Sharon Ackerman, an acupuncturist, carries water for the troops; the rest of us pass heavy crates between us. I carry one atop my head for a while, then pass it on to volunteer Vanessa Van Noy, who's taking a day off from yoga instruction. Lorraine doesn't even work at the Sanctuary on Wednesdays, but here she is, climbing with us on her day off, as is Friday volunteer Debbie Wierum. We are going to rescue nine feral goats. At least one is injured. Several are pregnant. All are emaciated.

"I see one of the black ones," says Gray Dawson, who is just ahead of me. His wife Melissa has left the group and gone ahead of us. It was Gray and Melissa who called us about the animals. Melissa has seen the goats five days in a row now at the top of her friend's large mountainside property, and per our instructions, has been taking grain to them, hoping to earn their trust.

The rest of us hang back in a pod, sitting very still, and sure enough, two pygmies come bounding down the mountain. Walt moves forward. In an instant, the two boys have lead ropes around their necks and are munching happily on grain. We lure them into the biggest crate, knowing we'll need all available humans to safely catch the seven remaining goats.

"We'll never get them," Melissa says dejectedly. It's the pygmies who have come to her several days in a row. Of those remaining, only one has come cautiously within her reach in preceding days. For the others, even though their emaciation is extreme, fear has consistently won out over hunger.

I am far more confident than Melissa, and though we don't talk about it, I suspect the rest of the CAS crew is, too. It's not like



Betty Lou, one of four goats born within two weeks after their mothers' dramatic rescue, takes her first trip outside the barn with staffer Abbie Rogers.

we've had a lot of experience rescuing abandoned goats from a mountainside. But we have taken in hundreds of animals who were originally (though usually not for long) terrified of us. We know how frightened goats move. We know they can spring and leap with remarkable speed. Our bodies know how to match their movements.

The injured goat and her very pregnant friend are huddled at the edge of a vertical rock face. There's a thirty foot drop to the craggy, boulder-filled forest floor. If a terrified goat leaps, she'll die; if a human slips, she'll die.

"Should I try to get behind them to drive them down the hill?" Melissa asks.

"Yes," I say, and as she does so, the rest of us very, very slowly encircle the two frightened animals.

A boulder juts upward between Lorraine and me—a boulder that a frightened goat will very likely use as a springboard to leap over our heads and out to freedom.

"Kathy," Lorraine says. I turn; she's found a long, large branch. We stretch to

hold it between us, hoping an additional visual barrier will dissuade a fleeing goat. "Great!" I thank her.

We close in. We are all crouching; we are all quiet; we all utter soft words of encouragement. We are fifteen feet from the goats. Then we are twelve; then we are six. A few more feet and we can dive and catch them. But a goat is flying through the gap between Lorraine and me. I leap for her. We collide in a heap to the ground and are sliding downhill toward the cliff. Instantly Walt and Troy are there, wrapping the frightened animal in ropes and a sheet to keep her both safe and contained. I sit up.

"Good tackle!" a voice from the left says.

"Thanks," I say, quickly dusting myself off.

Over the next hour, we continue this methodical work until just one goat remains. She's below us, backed into a corner below the rock face.

Troy scales down a steep slope, followed by Debbie. I can't see the goat.

"If all of us come down, can we trap her?" I ask.

"I think so," Troy responds.

One by one, we lower ourselves into the small cavern. This time, the goat can only move forward; the rock wall behind her is sheer and solid and completely vertical. We form a line and inch forward, our hands outstretched to close in the gaps. The goat, rail thin but pregnant, turns quickly in every direction, desperate to find a way through. She leaps but Troy leaps faster, they fall together and then Walt is there, safely harnessing her and wrapping her terrified, weakened body in a sheet.

It's clear we'll need to carry her out...and we do.

Three hours after we arrive, nine goats are safely loaded into a rented cargo van and are heading north to Catskill Animal Sanctuary. They will live in a large, hilly pasture filled with trees and boulders much like the forest they came from. Their babies will not fall prey to hungry fox or coyote. In this new home, they will have plenty to eat, warm shelter in the winter, and if they choose it, plenty of love from always willing humans.

—Kathy Stevens, Founder and Director

This experience of caring humans working together on behalf of needy animals embodies the spirit of CAS. If you would like to get involved with animal rescue, support our work, or even if you simply want to meet the new goats, please visit our website at www.casanctuary.org.



Mama goat Sheeba snuggles with her four-day-old babies, Maxine and Melina.

In this economy, we need you more than ever.

Our waiting list is 9 pages long. Please help CAS save more desperate animals.

Please use my donation for:

Animal Care Farm Expansion Greatest Need

\$10 \$15 \$25 \$50 \$100 \$200 \$500 \$1,000 other

Check Enclosed Please charge my: VISA MasterCard AMEX

Card#: _____ Ex Date: _____ Code: _____

Name: _____

Address: _____

Phone: _____ E-Mail: _____

Summer Snapshots: Humans Aren't the Only Ones Enjoying the Summer Sun

The sanctuary is abuzz with activity now that the valley has turned green and the sun is shining bright! All the critters are celebrating the return of warm temperatures, fresh things to graze, and new pastures to explore. Long gone are the nights when chickens, ducks, and bunnies have to be completely shut-in against the harsh winter elements overnight. Instead, our smaller animals can enjoy fresh air as screen doors replace wooden ones in their shelters. And oh, how they rejoice in the change of season! The roosters crow well before 5 am, alerting all that the day is beginning. The rabbits scamper in their yard, digging holes, playing chase, and foraging for grass.

Surely no species is happier than the ducks and geese, who can finally use their ponds for activities far more interesting than sliding across ice. Instead, the birds pull pond-side weeds, dive for edible plants, and frolic on the open water, as an audience of wild turtles watches their antics from the banks. The pond truly teems with life, and wildlife coexists peacefully with the sanctuary residents. Fish, muskrats, Canada geese, Great Blue herons, lesser herons, red-winged blackbirds, muskrats and more go about their business openly alongside our own animals. At night, the pond is a concert stadium for a countless chorus of frogs and peepers.

Another sound that echoes through our valley is the CRACK of horn against horn as the goats roughhouse in their field. Cocoa, Austin, & Mr. Specks, though well into their senior years, celebrate the warm weather with sparring matches. This father and his two sons love to charge one another with their impressive headgear. (The boys have rules to their play, and no one is ever hit anywhere tender.) This year young Zen has joined in. The rest of the herd plays King-of-the-Mountain on the rock piles, and we watch, smiling, understanding why baby goats are called "kids."

The horse-play out in the pastures is in full swing, too, with our equine friends kicking up their hooves, playfully nipping at each other, and in early mornings and evenings, often racing back and forth the length of their entire pastures. Early every morning, wild turkeys strut through, hoping to pick up bits of leftover grain dropped at breakfast, but they have to act fast! Our potbellies log a lot of miles in this warm weather, and they are constantly on the lookout for grub.

months ago, these hens and toms were small enough to stand in the palms of our hands. In just a few months, sadly, they have gotten so big it's a struggle to wrap our arms around them. Despite myriad health issues induced by the poultry industry, these lovely animals nonetheless chirp cheerfully to staff and visitors, a sing-song dialect to convey their joy at meeting any human with an open mind and heart.

The cows, too, are ecstatic now that the grass is in. Pasture rotation has begun, and for the next two months, our bovine friends will enjoy a diet of mostly fresh grass. By monitoring the condition of the fields, we can allow graze to replenish by moving our herd to fresh grass before their current pasture gets too badly damaged by overgrazing and trampling. This brief respite is a welcome relief for the humans, too, as our hay usage drops from 50 bales a day to just 15.

How do you spell relief? S-U-M-M-E-R!!

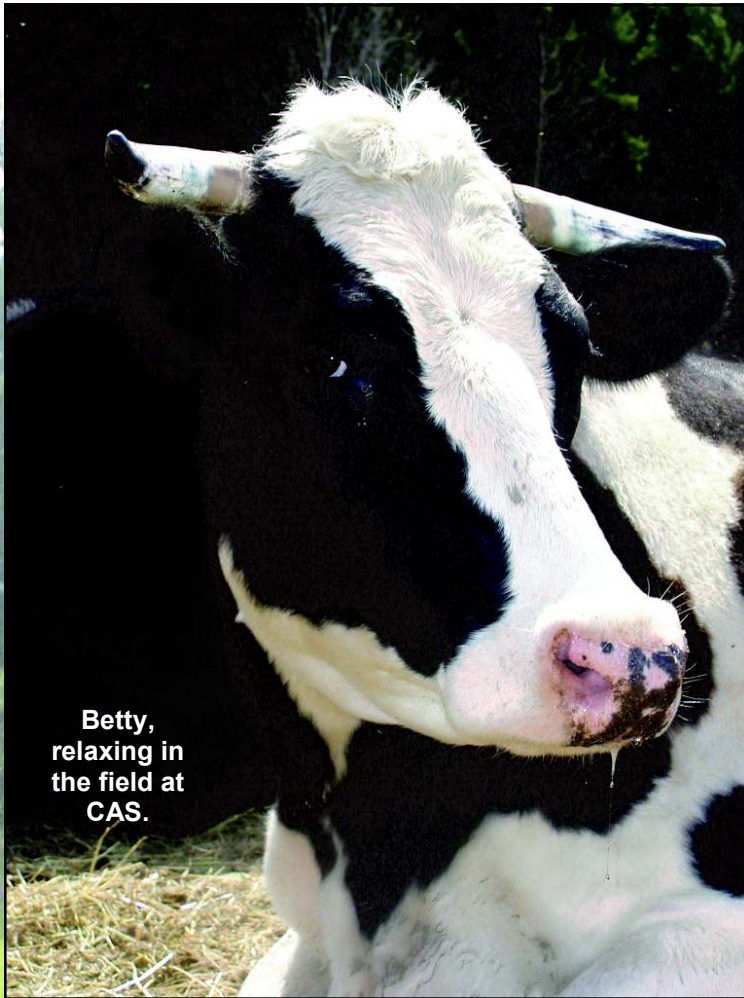
We hope you will come and visit us this summer and share in the animal's joyful celebration of the season. (Don't forget to



Volunteer Eric Amaral visits with Ozzy.

compliment Rambo on his spring haircut,,he's quite the handsome fella.) We are open for tours every Saturday and Sunday, at 11, 12, 1 & 2. The kids tour is at 1pm. We hope to see you here!

Comings and Goings



Betty,
relaxing in
the field at
CAS.

In addition to the herd of stray goats and their offspring, we welcomed many more new animals. Among them are piglet **Ozzi**, featured on our cover, who was shipped from Texas to a local family who soon realized they could not care for him. We sure can, and he's stealing the hearts of all he meets! Sweet pot belly pig **Muffin** was tearfully surrendered by her family after she repeatedly broke out of her fence and wandered down the road -- they feared she would be hit by a car. Hens **Lola** and **Sara** were being harassed by their rooster and are now re-growing pulled feathers and getting back to a healthy weight. Thoroughbred mare **Henny** returned from foster care and is ready for a permanent home.

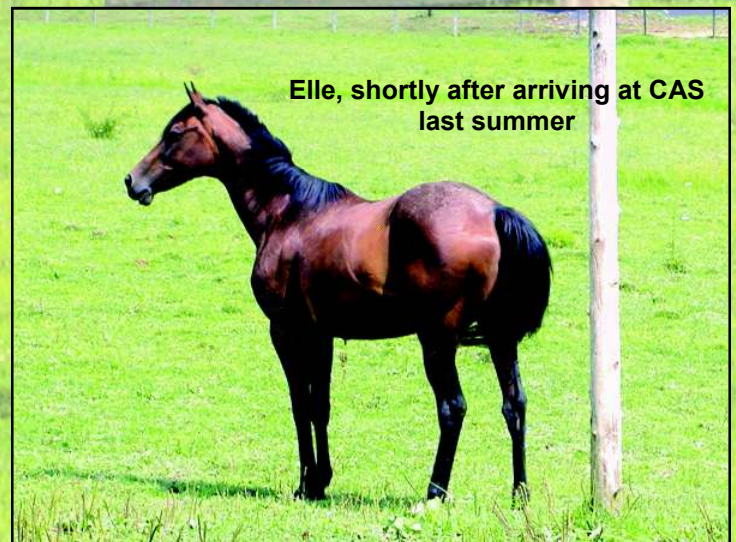
While adoption applications have slowed due to the economy (big pets = big appetites = big \$\$), we have still been able to find wonderful homes for some of our animal friends.

Thoroughbred gelding **Chile** was adopted by Susanne Coburn of Altamont, and the flashy and spirited mare **Icy**, originally found at a yard sale with a "free" sign around her neck, will soon be going home with Nancy King of Saugerties. **Midget**, a dwarf rabbit abandoned in a Queens park, was adopted by Sara Guerin of Wurtsboro as a companion for her lonely bunny. We rarely find suitable homes for cows, but were delighted to send both **Gina** and **Betty** to the Animal Farm Foundation in Amenia to keep their lone cow Daisy company.

We're especially grateful to two wonderful fosterers who are giving extra time and training to three of our horses. Gorgeous **Elle**, who came to CAS from an Albany area cruelty case, is making remarkable progress working with trainer Julie Harris of Cottekill. She's still quite shy, but according to Julie, is very responsive under saddle. Elle will soon be a great horse for an experienced and gentle rider. **Dharma** continues to recover from long-term neglect at a Saratoga breeding farm, while **Calli** continues to boss everyone else in the field while she begins training under the watchful eye of Kim Splain.

Finally, we will deeply miss big pigs **Claude** and **Jody**, roosters **Manny** and **Fletcher**, and gentle **Curly**, an elderly sheep, all of whom passed away after many happy years at CAS.

Sadly, the need for more animals to come to CAS grows each week. At the time of this printing we have almost 100 animals on our waiting list, all hoping for refuge. If you have the time, space, and financial means to care well for some farm animals, **please** consider adoption.



Elle, shortly after arriving at CAS
last summer

The CAS Expansion Project: Making Room for More

Thanks to your generosity, Catskill Animal Sanctuary is in the midst of a major expansion program so that we can provide a haven for greater numbers of needy animals.

Scheduled for summer completion are: two new large goat and sheep fields, two goat and sheep barns, a new barn for big pigs, a new potbelly shelter, a new watering system, road repair and expansion, and the completion of our solar system. *Whew!!* **Work is well under way, but we'd greatly appreciate your help in order to stay on schedule.** These additional repairs and upgrades are essential in order for CAS to care for as many animals as our acreage can comfortably house.

Frank Tiano of Tiano Excavation arrived in late April after the ground softened. He resurfaced original roads that had taken one winter beating too many, and added a new road out to the southern end of the property. There, he cleared

a hill tangled with thorns, vines, and fallen trees to create a beautiful three-acre pasture for sheep and goats dotted with mature cedar, oak, and hickory trees. Our friend David Cooper felled dead cedars on another friend's land, trimmed off limbs and sectioned the trunks into cedar fence posts, then worked with Frank and his excavator to set them around the borders of the new field. Staff and volunteers pulled woven wire from post to post, then tacked up oak top rail and **VOILA!!** Our first new pasture was complete! Staatsburg's Custom Forest Products built a new 30' barn to our specifications, and the field was then ready for its new residents.

The hill that defines the property's western edge was next. Again, Frank and David worked together to clear land, set posts, and fence. Another building pad was laid as the foundation for a second barn, and by the time you receive this newsletter, our growing herd of goats (see story page

Here's the latest update on these critical projects:

New Sheep Field: ready for occupancy (just need to paint the barn: any volunteers?)

Moving the sheep to their spacious new digs (30' barn; 3-acre pasture) high on a hill at the southern end of the farm is not only ideal for them; it also allows us to convert their pasture to a pot belly pig pasture. While our potbelly pigs surely enjoy their free-range status, their rooting has become too destructive!

Road repairs and extension: complete and in use!

Even with 4-wheel-drive trucks, it was difficult to maneuver around giant pot holes and impossible to drive down a road that had just sort of...collapsed. In addition to these critical repairs, we added a new road to the southern tip of the property--our new sheep home!

New Goat Field and Barn: ready for occupancy!

Our newly rescued goats will be delighted by their spacious, hilly pasture, perfect for climbing and exploring. And you'll be able to see them frolicking as you drive down to the barn!

Old building demolition: completed

An old cement run-in shed, the last of the original buildings, was in danger of falling down. It was crushed and re-used as the base for the new 900 sq. ft pig barn.



The new sheep barn -- almost finished in this photo!



L-R: Frank Tiano, Jr., Cliff Cobrin, Frank Tiano, Sr. and Troy Gangle demolish the last original run-in shed on the property. The concrete block will be crushed and used as a base for our new pig barn.

Solar panel expansion: in progress

We're on track to have 100% solar-generated electricity by the end of the year!

Automatic watering system: in progress

This project will save many hours of labor transporting 400 gallons of water daily to outlying pastures. Equally important, it will save wear and tear on our "elderly" trucks. While the upfront investment is costly, long-term savings are tremendous.

Convert old sheep pasture to potbelly pig pasture: in progress

Once the sheep have settled into their new home we can convert their old space for use by the potbelly pigs. The entire pasture will need pig-proof fencing, and barns must have electric (solar-generated, naturally!) and insulation installed to keep our porcine friends warm throughout the winter.

Construction of new big pig barn: plans being drawn

A second pig barn and a larger pig field will allow us to double our pig population, and with over a dozen desperate pigs on our waiting list, we're delighted to be able to provide for them.

New chicken coops: not started

New, expanded coops and yards will spaciously accommodate our many small flocks as well as bachelor roosters and special needs broiler birds.

Your donation for this essential work is deeply appreciated, and will help ensure that ALL of these critical improvements are completed before cold weather returns. Please consider a contribution to our Farm Expansion Fund (see p. 5 to donate).

Vegan Living

What's Cooking at CAS?

We're enjoying a cool kitchen this summer by eating main dish salads -- the summer equivalent to casseroles! Adding cooked grains to your favorite salad recipes is an easy way to make them into a complete meal. Cook extra whenever you make them - they keep for up to a week in the refrigerator. Cut out and save this handy chart to take the guess work out of cooking grains bought in bulk (I taped one inside my cabinet door for easy reference).

Kale Salad

Yes, we know how strange this recipe must look to some of you...raw kale and almond butter?! Trust us, this is DELICIOUS! It tastes best fresh, so halve the recipe if you'll only be serving one or two.

Ingredients:

- 1 bunch kale, (stems removed), chopped
- 1/2 cup shredded carrots
- 1/2 cup diced red pepper
- 1/2 cup chopped scallions
- 1 cup diced baked tofu or fried tempeh
- 1/4 cup toasted sesame seeds
- 1/2 cup toasted almonds
- 2 teaspoon minced ginger
- 1/4 cup almond butter
- 1/4 cup Veganaise
- 2 tablespoon soy sauce
- 1/2 teaspoon sesame oil
- 1-2 tablespoon rice vinegar

Directions:

Whisk together nut butter, Veganaise, soy sauce, sesame oil, rice vinegar, ginger, and enough water to make a thin dressing. Toss veggies, nuts, and tofu in a bowl, pour dressing over, and serve.

This recipe is very versatile and you can include any veggies or nuts/seeds that you enjoy!

Serves: 8

Salad with Sweet Mustard Garlic Vinaigrette

Ingredients

- 2 hearts romaine lettuce, chopped into bite size pieces
- 1 avocado, sliced
- 1/2 onion (red or brown), diced
- 1 small cucumber, sliced
- 1 small carrot, grated
- 4 oz. baked tofu
- 5 strips Fakin Bacon Tempeh Strips, cooked ac-

- ording to package directions
- 2 tablespoon extra virgin olive oil
- 1 tablespoon apple cider vinegar
- 1/2 teaspoon fresh ground pepper
- 1 teaspoon organic Dijon mustard
- 1/2 tablespoon agave
- 1 clove fresh garlic

Directions:

First, place the lettuce, avocado, onion, cucumber and carrot in your salad bowl. Next, cut the cooked tempeh strips into small pieces and the tofu into small cubes and then, add these to the bowl. Assemble the rest of the ingredients in a separate bowl, and mix thoroughly. Pour on dressing, toss, and serve.

Serves: 2-4

Spicy Kasha Vegetable Salad

Instead of kasha, you can substitute 1 cup of quinoa, bulgur wheat, or any whole grain and cook it in the amount of water appropriate to the grain.

Ingredients:

- 1 cup buckwheat kasha, medium granulation
- 2 cups vegetable broth
- 2 medium tomatoes, chopped fine
- 1/2 cup green onions, thinly sliced
- 1/2 cup parsley, chopped
- 1/2 cup fresh mint, chopped
- 1/2 yellow bell pepper chopped
- 1/2 large cucumber peeled, seeded and cut into 1/4-inch cubes
- 1 cup cooked chickpeas
- 1/4 cup freshly squeezed lemon juice
- 1 tablespoon agave nectar (or pomegranate molasses)
- 1-3 teaspoon hot pepper paste or sauce
- 1/2 teaspoon salt (to taste)
- 1 tablespoon water

Directions:

Heat 2 cups of vegetable broth (or heat water and add vegetable bouillon). While you're waiting for it to come to a boil, toast the kasha in a large, dry saucepan for about 3 minutes, or until it releases a nutty aroma. When the broth reaches a boil, add it carefully to the kasha (watch out for spatters!) Cover and turn the heat very low. Cook until kasha is tender and all liquid is absorbed, 5-10 minutes. Remove from heat, fluff, and allow to cool. Kasha can be refrigerated and stored overnight, if necessary.

Add all chopped vegetables and the chickpeas to the kasha. Mix the lemon juice and remaining ingredients well and add them to the kasha, stirring so that the dressing is distributed evenly. Serve mounded in the center of a large platter, with butternut lettuce leaves.

Serves: 8

GRAINS COOKING CHART

GRAIN (1 cup dry)	CUPS WATER	COOK TIME	CUPS YIELD
Amaranth	2 1/2	20 - 25 min.	2 1/2
Barley, pearled	3	50 - 60 min.	3 1/2
Barley, hulled	3	1 hr. 15 min.	3 1/2
Barley, flakes	2	30 - 40 min.	.2 1/2
Buckwheat groats *	2	15 min.	.2 1/2
Cornmeal (fine grind)	4 - 4 1/2	8 - 10 min.	2 1/2
Cornmeal (polenta, coarse)	4 - 4 1/2	20 - 25 min.	2 1/2
Millet, hulled	3 - 4	20 - 25 min.	3 1/2
Oat Groats	3	30 - 40 min.	3 1/2
Oat, bran	1/2	5 min.	2
Quinoa *	2	15 - 20 min.	2 3/4
Rice, brown basmati	2 1/2	35 - 40 min.	3
Rice, brown, long grain	2 1/2	45 - 55 min.	3
Rice, brown, short grain*	2 - 2 1/2	45 - 55 min.	3
Rice, brown, quick	1 1/4	10 min.	2
Rice, wild	3	50 - 60 min.	4
Rye, berries	3 - 4	1 hr.	3
Rye, flakes	2	10 - 15 min.	3
Spelt	3 - 4	40 - 50 min.	2 1/2
Teff *	3	20 min.	3 1/2
Triticale	3	1 hr. 45 min.	2 1/2
Wheat, whole berries	3	2 hrs.	2 1/2
Wheat, couscous	1	5 min.	2
Wheat, cracked	2	20 - 25 min.	2 1/4
Wheat, bulgur *	2	15 min.	2 1/2

Basic cooking directions for all grains begins with measuring the grains and water into a saucepan. If you are cooking 1 cup of grains, use a 2-quart saucepan. Add 1/2 to 1 teaspoon salt if desired.

Cover the saucepan and bring to a boil over high heat. Turn the heat down to low, and steam for the recommended cooking time. Lift the lid and test the grains for tenderness. If the grains need more time, cover the saucepan and steam 5 to 10 minutes longer. If the grains need more cooking time and all the water has been absorbed, add up to 1/4 cup of water, cover, and continue steaming. Do NOT stir during cooking -- your grains will stick to the bottom of the pot!

If tender, turn off the heat and allow the grains to rest 5 to 10 minutes before serving to fluff.

Buckwheat is the exception to these directions. Because the grain is so porous, it's best to bring the water to a boil first and then add the buckwheat. When the water returns to a boil, cover the pan, turn the heat to low, and time the steaming process.



*Buckwheat groats are available toasted and untoasted. Cooking times are the same.

* Quinoa should be well rinsed in a fine strainer for 1 to 2 minutes to remove the saponens, a natural, protective coating which will give a bitter flavor if not rinsed off.

* Short-grain brown rice is sometimes labeled sweet, glutenous, or sticky brown rice.

*Teff can be enjoyed raw as well as cooked. Sprinkle it on salads or over cooked cereals to increase fiber and nutrition.

*Bulgur wheat can be covered with 1" of warm water and soaked for 1 hour to soften. It is then ready to use in raw salads.

New Ways to Stay Connected

James Rosenthal Shares Time and Talents to Benefit the Animals

Have you been to www.casanctuary.org lately? Our entire website has been given a new makeover by consultant James Rosenthal, and we hope you'll be as pleased with the results as we are.

The new site is organized into four basic themes: **Learn, Visit, Help, and Explore**. The layout makes it easy for visitors to find the information they seek, and the content is linked by automatic feeds to our web presence on **Facebook, Youtube, Flickr, Myspace, and Twitter**. Links to the CAS pages on many of the social networking sites as well as petfinder.com are also provided at the bottom of the home page.

As James explains, the redesign of the website was guided by three goals. For people not familiar with CAS, it's now easier to learn what we're about and plan a visit. For those who know us already, it's easier to keep up with what's new. And for everyone, it's easier to get involved or take your involvement to the next level.

The front page always shows previews of the latest content, including news and videos. It's now easy to donate, become a member, sign up to volunteer, or apply to adopt an animal. Best of all, through photos, text, and videos, you can get to know the animals, and we're adding more all the time.

There has never been a better time to point your browser at www.casanctuary.org and look us up! **Thanks, James!**

James Rosenthal is no stranger to working hard to maximize the potential of non-profits. Prior to CAS, James worked at a variety of non-profits. A year before his time at CAS, James worked for the Obama campaign as a Pennsylvania field organizer, recruiting and managing volunteers to knock on door and make phone calls to undecided voters. Even after accepting his temporary position at CAS, he still made time to volunteer in the barn, putting in time with the critters, and to table at various events on behalf of CAS.

James' goals have all been about capacity building—strategizing ways to increase donations, volunteers,

and adoptions, with the ultimate goal of increasing CAS's ability to help more animals. In light of the economic crisis and the precipitous drop in donations at non-profits around the country, director Kathy Stevens knew that this was a critical time to bring James on.

As he explains, "CAS isn't large, but it accomplishes so much, and there's a strong interest in making it an even more efficient and effective organization. More than that, though, what makes CAS such an inspiring place is the compassionate attitudes everyone brings to their work."

James is now interning at HSUS, working on their "Stop Puppy Mills" campaign at the national headquarters in Maryland. When his internship is completed, he hopes to join a non-profit as a member of their full-time staff.

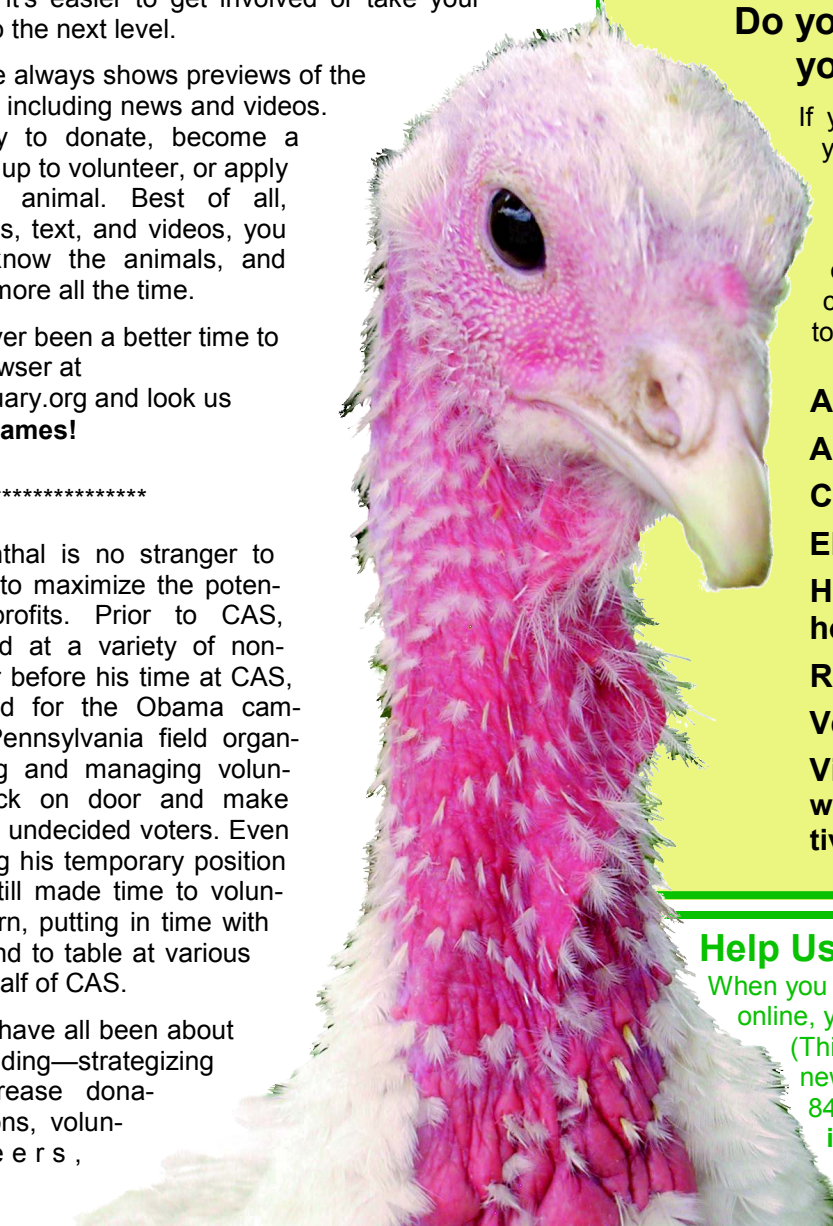
Do you have a special skill you'd like to contribute?

If you would like to contribute any of your own valuable skills to help the critters, visit www.casanctuary.org. It's easy to see how to share your time and talents for the benefit of our friends! At the moment, we could put the following professionals to work:

- Architect**
- Auto mechanic**
- Carpenter**
- Electrician**
- Horse trainer with natural horsemanship training**
- Real estate attorney**
- Veterinarian**
- Visual artists (to contribute work to our Music and Arts Festival--see page 14)**

Help Us Go Green (er)!

When you choose to receive **Sanctuary Scene** online, you'll help CAS save money *and* trees. (This is separate from our AniMail e-newsletter.) To sign up, call the office at 845-336-8447, or **send an email to info@casanctuary.org**. Be sure to include your mailing address.



CAS Community

Cheers For Volunteers!

It's time again spotlight a few of those special individuals who make the important work at CAS possible: our spectacular volunteers! The animals owe a heap of gratitude to these amazing humans who take the time to make a difference!

How did long time-volunteer **Chris Seeholzer** manage to go so long without garnering print praise? Since 2005, Chris has volunteered twice a week at the barn, mucking stalls and shelters, walking horses, turning out goats, feeding and watering critters...all in a day's work. In addition to the hard labor, Chris tables at conferences and events throughout the region (and occasionally beyond!), recruiting much needed support and spreading the word about our mission and needs.

This summer, Chris took charge of our Shindig, wrangling guest speakers, scheduling the day's events, and generally pulling the whole thing together! As if that's not enough, Chris is also a dedicated member of the CAS board, helping to shape the focus of our entire organization! Thank you, Chris, for all you do.

Like Chris, physical therapist **Melissa Bamford** brings diverse and valuable talents to CAS. In addition to lending a hand in the barn, Melissa also helps run the Welcome Hut on weekends, and rumor has it she's an awesome tour guide. Melissa is also the newest member of our Board of Directors. She brings to her role lots of energy, a positive attitude, wonderful organizational skills and a particular interest in developing our educational program.

Business owner **Kathy Keefe** of Catskill Mountain Coffee has been a CAS regular for over two years. Kathy isn't afraid to roll up her sleeves and get to work for the animals. Whether it's a run-in shed full of cow manure or a bunny hutch that needs fresh bedding hay, Kathy is right on the job, working hard for the critters. She has been an exceptional friend to Big Ted, a 30-something draft horse who suffers from chronic digestive issues and needs special care to stay healthy and clean. On Saturdays, look for Kathy as she washes Ted's backside and lovingly wraps his tail. Ted clearly enjoys the attention and we all deeply appreciate Kathy's willingness to go the extra mile for the animals!

Saugerties local **Genevieve Salerno** cheerfully lends a hand in the barn every Monday. The statement on Genevieve's application said it all: "I enjoy being near animals, and ever since I stopped living at the farm where I taught outdoor instruction, I have felt like something is missing. I'm at a point in my life where I would like to make a more positive impact." Well she sure does that at CAS. Thanks, G!

Two seasons in a row, Albany resident **Dorothy Avery**

has been a great help getting our Welcome Hut up and running. This year Dorothy also greets weekend visitors and works the register in the Hut's gift shop area. Dorothy also tables events for CAS that draw new volunteers and donors. She's always smiling, and her joy makes her a great ambassador for CAS.

When professional photographer **David Sax** has some free time you can find him here, taking publicity photos of our gorgeous critters. Look for his work in this newsletter, our website, and in our next silent auction on October 10th.

CAS can't exist without devoted volunteers. If you would like to join the ranks of our amazing volunteer pool, please call 845-336-8447, or visit our website at www.casanctuary.org. While we can always use a strong back and someone handy with a shovel, there are many other ways to help the critters.



Over twenty members of the Ulster Co. Board of Realtors Community Service Committee spent a day painting at CAS. Thanks to all of you! A few of them are pictured above.
Back row: Steve Malek, Tim Hurley, Chris Wickes Front row: Jenn Redmond, Jeanine Donato-Stoddard, Ellen Osgood

We're looking for landscapers, grant writers, mechanics, architects, and office help. Let us know your skill set and we'll explain you how you can help!

Legislative Updates

Federal Updates

We urge you to contact your representatives and ask them to support the following legislation:

Wild Horses and Burros (H.R. 1018) Restores the prohibition on the commercial sale and slaughter of wild free-roaming horses and burros. This provision was stripped by an amendment slipped into the 2005 Omnibus Spending Bill.

The Truth in Fur Labeling Act of 2009 (S. 1076/ H.R. 2480)To protect consumers by bringing much-needed accuracy and full disclosure to fur labeling laws. The Truth in Fur Labeling Act closes a loophole in federal law that allows some animal fur garments to go unlabeled if the value of the fur is less than \$150.

Horse Transportation Safety Act (H.R. 305) Prohibits the interstate transportation of horses in a motor vehicle containing 2 or more levels stacked on top of one another.

New York State has much animal-friendly legislation pending. If you live in NY, please urge your state representatives to support the following bills (and if you live outside NY, find out what's going on in your state at www.HSUS.org):

Ban on Horse Slaughter (NY S.B. 3178) Prohibits the slaughter of horses for human consumption.

Downed Animals (NY S.B. 751 & A.B. 5512) Prohibits any person from transporting, holding, buying, selling, giving, receiving or marketing a nonambulatory animal unless such animal is first humanely euthanized without undue delay from the time that such animal becomes nonambulatory.

Intensive Confinement of Farm Animals (NY A.B. 8163) Prohibits any person from tethering or confining any pig during pregnancy or from keeping any calf or egg-laying hen, who resides on a farm for all or the majority of any day, in a manner that prevents the animal from lying down, standing up and fully extending the animals limbs and turning around freely.

Upcoming Events

Sun., July 19, 1pm:

Children's Story Hour

That's Why We Don't Eat Animals

Our third Sunday of the month children's story hour continues as we read excerpts from *That's Why We Don't Eat Animals: A Book About Vegans, Vegetarians, and All Living Things*, a wonderful way to introduce children to being vegetarian. \$10 per person/free for members. **This is a popular series: arrive a few minutes early to secure your spot under the willow tree!** Regular children's tour, a hands-on experience for the entire family, will also be held at this time.

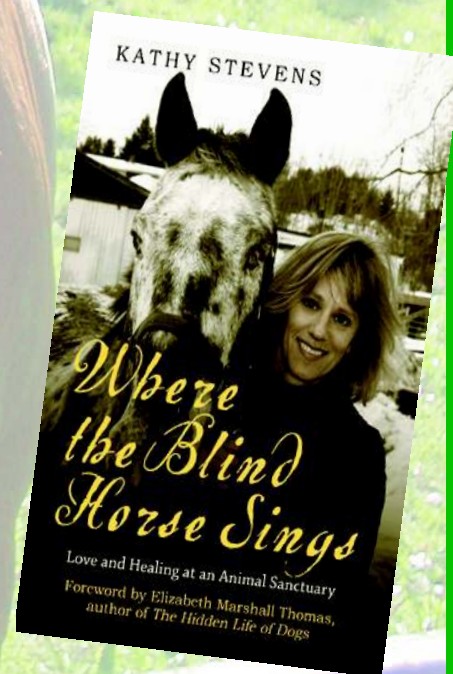
Sat., October 10, noon to 6 pm: CAS Arts & Music Festival

Mark your calendars now for our Arts & Music Festival in celebration of NY Week for Animals and World Farm Animal Day. The day will include music, an auction of animal art by noted photographers, painters, and sculptors, a chili cook-off by all your favorite veggie restaurants, a wine tasting, and, of course, tours and hayrides. Check our events page at casanctuary.org for details.

Where the Blind Horse Sings Paperback Release!

Where the Blind Horse Sings, our director's critically acclaimed book about the early years of CAS and the animals who changed her life, will be available in paperback on August 1! Check your favorite bookstore, or get it at Amazon.com. For hard cover copies, shop at casanctuary.org: 100% of the proceeds go to Catskill Animal Sanctuary.

Kathy's second book will be released this winter.



Wish List

No time to volunteer? A simple way to help is by purchasing items from our Wish List.

Below are our current needs, along with suggestions about where to purchase them.

Items in **bold** are most needed. Call 845 336-8447 to arrange drop off—or pop smaller items in the mail. On behalf of the critters, *thank you!!*

Equipment

- **4 wheel drive pick up truck in good condition**
- 8ft and 10ft fiberglass ladders
- Commercial, energy efficient washer and dryer (for washing horse blankets -- even the best residential ones are insufficient)

Barn Supplies

- Clean towels
- Recycled paper towels (such as Marcal or Green Forest)
- Environmentally friendly dish soap, hand soap, and all-purpose cleaners (such as Method, Seventh Generation, Dr. Bronner's, Mrs. Meyers, Ecover, etc.)
- Black oil sunflower seeds
- Salt & mineral blocks
- **RidX septic tank booster**

Office Supplies

- First class and postcard stamps
- Photo paper for laser printers
- **100% recycled letter size copy paper**

Maintenance & Building Supplies

- Strap hinges: 6", 8", 10"
- Deck screws: 1 5/8" and 3"
- Exterior nails, all sizes
- Galvanized common nail: 16's and 20's
- Compact florescent light bulbs: 100 or 150w equivalent
- Double ended snap clips
- Paint brushes
- Exterior paint roller covers (the extra fuzzy ones)
- 8ft 4" diameter cedar fence posts
- Heavy duty corn husk brooms
- 8-cubic ft, 2-wheeled wheelbarrow
- Hydraulic fluid
- Power steering fluid
- Diesel grade or 10W40 oil

Animal Medical Supplies

These can be ordered online at Valley Vet , Jeffers Equine, or Horse.com, or purchased at Agway, Tractor Supply, or most tack shops

- Cases of vet wrap (2" & 4" widths)
- Triple antibiotic
- Rolled cotton & sterile cotton
- Electrolytes and electrolyte paste
- Ichthamol
- **Horse, goat, cow, and sheep wormer (any brand)**
- Poultry Dust
- **ProBios Powder**
- **Joint Combo (original formula)**
- Wonder Dust
- Muck Itch
- Chlorhexadine
- **Roll-on fly repellent for horses**

Welcome Hut Supplies

- Recycled toilet paper (Marcal, Seventh Generation, Green Forest, etc.)
- Biodegradable forks, knives & spoons (for events)

Services

- Architect
- Auto mechanic
- Electrician
- Horse trainer with natural horsemanship background
- Tow truck services
- Large animal veterinarian
- Visual artists

Gift Certificates

- **Red Hook Agway**
- Tractor Supply Company
- Lowe's
- Staples



Nutrena[®]

One more way to help!

Mail us your Nutrena feed labels. CAS earns \$\$ through their rebate program.



Catskill Animal Sanctuary

316 Old Stage Rd
Saugerties, NY 12477
www.CASanctuary.org

Address Service Requested



Printed on FSC and Green Seal Certified paper with soy based inks.

I believe in your work! Count me in!!

Name: _____

Address: _____

Phone: (____) _____ e-mail: _____

____ I'd like to become a member of Catskill Animal Sanctuary ! I understand that my tax-deductible membership includes a newsletter, free farm tours during visiting hours, and reduced admission to special events. (Please make check payable to Catskill Animal Sanctuary, Inc.)

____ \$40	____ \$65	____ \$100	____ \$250	____ \$500	____ \$1,000
Individual	Family	Supporter	Contributor	Sponsor	Benefactor

Please charge my: **VISA MasterCard AMEX**

Card #: _____ Exp Date: _____ Security Code: _____

____ I do not wish to become a member, but please accept the enclosed donation.

____ This membership is a gift. Please send membership materials to:

Name: _____

Address: _____

Phone: _____ e-mail: _____

Please send me information on the following (Circle all that apply):

Volunteering	Donating Goods or Services	Adoption	Estate Planning
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